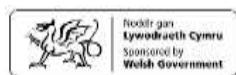




Gofal Cymdeithasol Cymru  
Social Care Wales

## Cyflwyniad a Swyddogaethau Cyffredinol

### Introduction and General Functions



Ffodlir gan  
Llywodraeth Cymru  
Sponsored by  
Welsh Government



*Getting in on the Act*

Mae'r adnodd hwn wedi'i ddatblygu mewn partneriaeth â'r Consortiwm Ymarferwyr Gwasanaethau Cymdeithasol (SSP) ar ran Gofal Cymdeithasol Cymru. Mae'r consortiwm yn cynnwys y partneriaid canlynol:

This resource has been developed in partnership by the Social Services Practitioner (SSP) Consortium on behalf of Social Care Wales. The consortium is made up of the following partners:



Gofal Cymdeithasol Cymru a'l gynghorwyr penodedig sy'n berchen ar hawlfraint y deunyddiau hyn. Gall darparwyr dysgu, awdurdodau lleol a darparwyr gwasanaethau gofal yng Nghymru gofio, atgynhyrchu, dosbarthu neu drefnu bod y Rhaglen Odysgu Ymarferwyr Gwasanaethau Cymdeithasol (SSP) ar gael fel arall i unrhyw drydydd parti arall ar sail ddileu yn unig. Rhaid i unrhyw bartion eraill sy'n dymuno copio, atgynhyrchu, dosbarthu neu fel arall wneud y Rhaglen Ymarferwyr Gwasanaethau Cymdeithasol (SSP) ar gael i unrhyw drydydd parti arall geisio caniatâd ysgrifenedig Gofal Cymdeithasol Cymru ymlaen llaw.

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## Sgiliau Astudio / Study Skills

- |   |   |
|---|---|
|  Cyfeirnodi / Referencing                  |  Gwaith Grŵp / Group Work                    |
|  Darllen / Reading                         |  Cyflwyniad / Presentation                   |
|  Ysgrifenu / Writing                       |  Ymchwil / Research                          |
|  Myfyrdod Beirniadol / Critical Reflection |  Sgiliau rhymbersonol / Interpersonal Skills |
|  Cyfathrebiad / Communication              |   |



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## Sgiliau Astudio Cudd / Hidden Study Skills

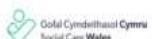
Peidiwch ag anghofio bod amrywiaeth o sgiliau wedi'u gwreiddio, gan gynnwys...

Trefniadaeth  
Cadw amser  
Cynllunio  
Cymryd nodyn  
Cynllunio Traethawd  
Gwrandawriad  
Datrys problemau  
Penderfyniadau  
Cwestynu  
Siarad yn effeithiol  
Cyfathrebu llafar  
Efallai y bydd rhai o'r rhain yn rhan o'ch sgiliau rhyngbersonol hefyd.

Don't forget there are a range of skills embedded including...

Organisation  
Time keeping  
Planning  
Note taking  
Essay planning  
Listening  
Problem solving  
Decision making  
Questioning  
Effective speaking  
Verbal communication

Some of these may form part of your Interpersonal Skills too.



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## Gobeithion Gorau

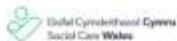
Trowch at y person sy'n eistedd nesaf i chi a chael sgwrs am eich gobeithion gorau o'r sesiwn hyfforddi hon.

Yna gofynnir i chi gyflwyno'ch partner trwy roi ei enw a dweud beth hoffent ei gaffael o'r sesiwn heddiw.

## Best Hopes

Turn to the person sat next to you and have a conversation about what your best hopes are from this training session.

You will then be asked to introduce your partner by giving their name and saying what they would like to take away from today.



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What do we know about the Act so far ... it may be more than you think!

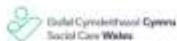


## Nodau a deilliannau dysgu

- Mae'r hyfforddiant hwn yn rhoi trosolwg o'r Ddeddf ac yn archwilio Rhan 2: Adrannau 5-7, 15 ac 17 yn fwy manwl
- Erbyn diwedd yr hyfforddiant byddwch yn:
  - Ymwybodol o rannau a nodweddion y Ddeddf
  - Deall ei nodau a'i hethos, a'r hyn y bwriedir iddi ei gyflawni
  - Deall goblygiadau'r ddyletswydd i hybu llesiant ar gyfer ymarfer
  - Deall rolau hanfodol gwybodaeth, cyngor a chymorth
  - Myfyrio ar oblygiadau'r Ddeddf

## Aims and learning outcomes

- This training provides an overview of the Act and explores Part 2: Section 5-7, 15 and 17 in more detail
- By the end of the training you will:
  - Be aware of the parts and features of the Act
  - Understand its aims and ethos, and what it is intended to deliver
  - Understand the implications for practice of the duty to promote well-being
  - Understand the critical roles of information, advice and assistance
  - Reflect on the implications Of the Act



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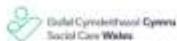


## trosolwg

- Deddfwriaeth statudol
- Caiff ei hegluro gan gyfraith achosion
- Dyletswyddau a Phwerau - rhaid a dylid
- Dull gwahanol i lawer o ddeddfwriaeth flaenorol
- Bydd angen newid diwylliannol ar gyfer staff a'r gwasanaeth cyfan

## overview

- Statutory legislation
- Will be clarified by case law
- Duties and Powers- must and should
- Different approach to much of previous legislation
- Will require a cultural change for staff and service as a whole



[www.gov.wales/gov.uk/soccare](http://www.gov.wales/gov.uk/soccare)  
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## trosolwg

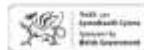
- Seiliedig ar gryfderau
- Canolbwytio ar yr unigolyn
- Canolbwytio ar ganlyniadau
- Mae'r gofynion yn adlewyrchu rhagleni datblygu gwasanaeth a hyfforddiant a nodwyd eisoes fel arfer gorau
- Mae'n bosibl y bydd angen rhagor o hyfforddiant/gweithdai i helpu i wreiddio newid arfer

## overview

- Strengths based approach
- Person centred
- Outcome focussed
- Requirements mirror service development and training programs already identified as best practice
- Further training/workshops may be required to help embed practice change



[www.gov.wales/leithfaol\\_cymru](http://www.gov.wales/leithfaol_cymru)  
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## cyflwyniad

- Caiff Deddf Gwasanaethau Cymdeithasol a Llesiant (Cymru) ei gweithredu o 6 Ebrill 2016
- Mae'n disodli llawer o ddeddfau blaenorol ac yn rhoi effaith i'r polisi a nodir yn Gwasanaethau Cymdeithasol Cynaliadwy i Gymru Fframwaith Gweithredu
- Mae'n dod â dyletswyddau newydd i mewn ac yn cynnwys oedolion, plant a gofalwyr

- Pobl
- Iles
- Atal
- Cydweithredu

## introduction

- The social services and well-being (Wales) Act was implemented on 6 April 2016
- It replaced many previous laws and gives effect to the policy set out in *Sustainable Social Services for Wales A Framework for Action*
- It brings in new duties and covers adults, children and carers

- People
- Well-being
- Prevention
- Collaboration



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*Getting in on the Act*

## Y rhan o'r ddeddf

1. Cyflwyniad	2. Swyddogaethau cyffredinol
3. Asesu Anghenion Unigolion	4. Diwallu anghenion
5. Codi tâl ac Asesiad Ariannol	6. Plant sy'n Derbyn Gofal a Phlant sy'n cael eu Lletya
7. Diogelu	8. Swyddogaethau Gwasanaethau Cymdeithasol
9. Cydweithrediad a Phartneriaeth	10. Cwynion ac Eiriolaeth
11. Amrywiol a chyffredinol	

## The part of the act

1. Introduction	2. General Functions
3. Assessing the needs of individuals	4. Meeting needs
5. Charging and Financial Assessment	6. Looked after and Accommodated children
7. Safeguarding	8. Social Services Functions
9. Co-operation and Partnership	10. Complaints and Advocacy
11. Miscellaneous and general	



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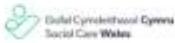


### Deddfwriaeth wedi'i diddymu:

- Deddf Gofalwyr (Cydnabyddiaeth a Gwasanaethau) 1995
- Deddf Gofalwyr a Phlant Anabl 2000
- Deddf Gofalwyr (Cyfle Cyfartal) 2004
- Mesur Strategaethau ar gyfer Gofalwyr (Cymru) 2010
- Deddf Cymorth Gwladol 1948
- Deddf Gwasanaethau lechyd ac lechyd y Cyhoedd 1968
- Deddf Cleifion â Salwch Cronig a Phersonau Anabl 1970
- Deddf Dyfarniadau lechyd a Gwasanaethau Cymdeithasol a Nawdd Cymdeithasol 1983
- Deddf Personau Anabl (Gwasanaeth, Ymgynghori a Chyrrchioli) 1986
- Deddf Gofal Cymunedol y GIG 1990
- Deddf lechyd a Gofal Cymdeithasol 2001 (DPs)

### Legislation repealed:

- The cares (Recognition and Services) Act 1995
- The cares and Disabled Children Act 2000
- The cares (Equal Opportunities) Act 2004
- The Carers Strategies (Wales) Measure 2010
- National Assistance Act 1948
- Health Services & Public Health Act 1968
- Chronically Sick and Disabled Persons Act 1970
- Health & Social Services & Social Security Adjudications Act 1983
- Disabled Persons (Service, Consultation and Representation) Act 1986
- NHS Community Care Act 1990
- Health & Social Care Act 2001 (DPs)



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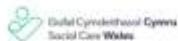
Getting in on the Act

## Plant

- Bydd y darpariaethau ar gyfer plant mewn angen yn Rhan 3 (adran 17) o Ddeddf Plant 1989 yn cael eu datgymhwys o mewn perthynas â Chymru. Yr awdurdod cyfreithiol ar gyfer darparu gwasanaethau i blant a'u teuluoedd, gan gynnwys plant anabl, yn lle hynny fydd Rhannau 2 i 5 o'r Ddeddf. Fodd bynnag, nid yw'r system gofal a chymorth cyffredinol ar gyfer Cymru o dan Rannau 2 i 5 yn berthnasol yn achos plant sy'n derbyn gofal. Yn lle hynny, mae Rhan 6 o'r Ddeddf yn cynnwys rhwymedigaethau awdurdodau lleol mewn perthynas â phlant sy'n derbyn gofal.
- Mae'r Ddeddf yn cyflwyno dyletswydd newydd i Gymru i roi gwybod am blant sy'n wynebu risg o dan Ran 7.

## Children

- The children in need provisions of Part 3 (section 17) of the Children Act 1989 will be dis applied in relation to Wales. The legal authority for the provision of services for children and their families, including disabled children, will instead be Parts 2 to 5 of the Act. However, the general care and support system for Wales under Parts 2 to 5 does not apply in the Case of looked-after children. Instead, Part 6 of the Act contains local authority obligations in relation to looked-after children.
- The Act introduces a new duty to Wales to report children at the risk under Part 7.



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### Pa ddeddfwriaeth nad yw'n newid

- Ddeddf Iechyd Meddwl  
1983 fel y'i diwygiwyd  
2007
- Ddeddf Galluedd Meddyliol  
2005
- Trefniadau Diogelu Wrth  
Amddifadu o Ryddid 2007
- Rhan 4 a 5 Ddeddf Plant  
1989

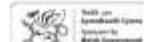
### What legislation is not changing

- Mental health Act  
1983 as amended 2007
- Mental Capacity Act  
2005
- Deprivation of Liberty  
Safeguarding 2007
- Part 4 and 5 Children  
Act 1989



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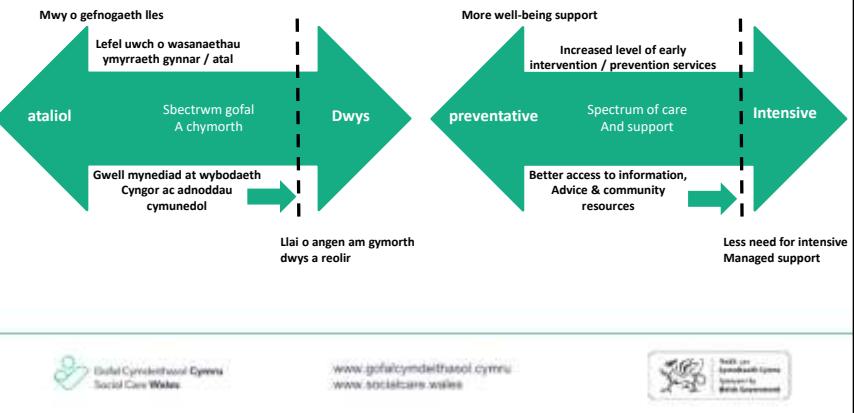
[www.gofalcymreigolcymru.wales](http://www.gofalcymreigolcymru.wales)  
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## Beth mae'r Ddeddf yn ceisio'i gyflawni: Atal

## What is the Act trying to achieve: Prevention



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Health and Social Care  
Agency to  
Welsh Government

## Beth mae hyn yn ei olygu i bobl ag anghenion gofal a chymorth?

### Mae fy llais yn bwysig

- Bydd gennyf lais cryf a rheolaeth dros ba ofal a chymorth sydd eu hangen arnaf
- Bydd y ffocws ar wneud yr hyn sy'n bwysig i mi a'r hyn y gallaf ei wneud fy hun neu gyda chefnogaeth teulu, ffrindiau a chefnogwyr
- Bydd yn hawdd cael gafael ar wybodaeth a chyngor perthnasol a chlir i helpu i wneud y penderfyniadau hyn

### Bydd cyngor ar gael

- Byddaf yn cael help yn gynnar, felly nid wyf yn cael fy hun mewn argyfwng

### Mae gen i hawl i fod yn ddiogel

- Bydd pwerau cryfach yn sicrhau bod plant ac oedolion sy'n wynebu risg yn cael eu hamddiffyn

## What does this mean for people with care and support needs?



*Getting in on the Act*

### My voice matters

- I will have a strong voice and control over what care and support I need
- The focus will be on doing what matters to me and what I can do myself or with support from family, friends and supporters
- It will be easy to access relevant, clear information and advice to help make these decisions

### Advice will be available

- I will get help early, so I don't find myself in crisis

### It's my right to be safe

- Stronger powers will ensure the protection of children and adults at risk



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Welsh Government  
Cyngor Cymreig  
Gouvernement du  
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Gouvernement du



Getting in on the Act

### Beth mae hyn yn ei olygu i ofalwyr?

#### Mae fy llais yn bwysig

- Bydd gennyl lais cryf a rheolaeth dros ba gefnogaeth sydd ei hangen arnaf
- Bydd y ffocws ar wneud yr hyn sy'n bwysig i mi
- Bydd yn hawdd cael gafael ar wybodaeth a chyngor perthnasol a chlir i'm helpu i wneud y penderfyniadau hyn

#### Bydd cyngor ar gael

- Byddaf yn cael help yn gynnar, felly nid wylf yn cael fy hun mewn argyfwng

#### Mae angen i ni i gyd weithio gyda'n gilydd

- Byddaf yn gyfartal yn y bartneriaeth
- Rhaid i gymunedau ddod at ei gilydd i gefnogi ei gilydd

### What does this mean for carers?

#### My voice matters

- I will have a strong voice and control over what support I need
- The focus will be on doing what matters to me
- It will be easy to access relevant, clear information and advice to help me make these decisions

#### Advice will be available

- I will get help early, so I don't find myself in crisis

#### We all need to work together

- I will be an equal in the partnership
- Communities must come together to support each other



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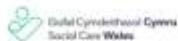


Ffilm

Yr hyn sy'n  
bwysig i ni

Film

What matters  
to us



[www.gov.wales/gov.uk/socia...](http://www.gov.wales/gov.uk/socia...)  
[www.socialcare.wales](http://www.socialcare.wales)



<https://www.youtube.com/watch?v=a2KiTnsv5ZM>



## Ymarfer unigol

- Ar eich pen eich hun, ysgrifennwch yr hyn rydych chi'n meddwl allai fod yn heriau allweddol wrth wreiddio ac ymestyn dewis a rheolaeth pobl mewn Gofal Cymdeithasol i Oedolion a Phlant.
- 3 munud ar eich pen eich hun
- 5 munud o rannu gyda'r person nesaf atoch chi
- 7 munud o adborth i'r prif grŵp

## Individual exercise

- On your own write down what you think might be the key challenges in embedding and extending people's choice and control in Adults and Children's Social Care.
- 3 minutes on your own
- 5 minutes share with the person next to you
- 7 minutes feedback to the main group



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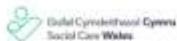
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## Pwyntiau dysgu allweddol

- Mae'r Ddeddf yn cwmpasu ac yn cefnogi oedolion, plant a gofalwyr.
- Mae'r Ddeddf yn ceisio ail-gydbwysu ffocws gofal a chymorth ar atal ac ymyrryd yn gynt yn hytrach nag ymyrryd ar adeg o argyfwng yn unig.
- Mae'r Ddeddf yn gofyn am newid diwylliant o'r ffordd y mae gwasanaethau wedi'u darparu'n aml, i ddull sy'n seiliedig ar gydweithio, a pherthynas gyfartal rhwng ymarterwyr a phobl sydd ag anghenion gofal a chymorth.
- Un o nodau allweddol y Ddeddf i unigolion fod yn ganolog i benderfyniadau a chael eu cefnogi i gael dewis a rheolaeth dros eu bywydau. Bydd hyn yn golygu gweithio 'gydag unigolion' nid 'gwneud pethau iddyn nhw'.
- Mae'r egwyddorion a'r dyletswyddau sydd wedi'u hymgorffori yn y Ddeddf yr un mor berthnasol i ofalwyr ag anghenion cymorth a'r unigolion ymaent yn gofalu amdanyst.

## Key learning points

- The Act covers and supports for adults, children and carers.
- The Act attempts to rebalance the focus of care and support on prevention and earlier intervention rather than only intervening at crisis point.
- The Act requires a culture change from the way in which services have often been provided, to an approach based on collaboration, and an equal relationship between practitioners and people who have needs for care and support
- One of the key aims for the Act for individuals to be at the end centre of decisions and to be supported to have a choice and control of their lives. This will mean working '*with individuals*' not '*doing to them*'.
- The principles and duties enshrined in the Act apply equally to carers with support needs and the individuals they care for.*



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Lles a dyletswyddau  
cyffredinol eraill

Well-being and other  
overarching duties



## Getting in on the Act



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## Y ddyletswydd lles

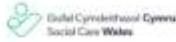
Rhaid rhannu'r cyfrifoldeb am lesiant gyda phobl sydd ag anghenion gofal a/neu gymorth

Rhaid i berson sy'n arfer swyddogaethau o dan y Ddeddf hon geisio hybu lles pobl sydd angen gofal a gofalwyr sydd angen cymorth

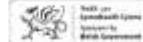
## The well-being duty

Responsibility for well-being must be shared with people who have needs for care and / or support

A person exercising functions under this Act **MUST** seek to promote the well-being of people who need care and support **AND** carers who need support



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## Datganiad lles

- Mae Llywodraeth Cymru wedi cyhoeddi datganiad lles sy'n disgrifio agweddau ar les sy'n ymwneud â phob maes o fywyd unigolyn.
- Mae'n disgrifio'r canlyniadau lles cenedlaethol ac mae hefyd yn nodi pa agweddau ar les y dylid eu mesur

## Well being statement

- The Welsh Government has published a well being statement that describes aspects of well being that relate to all areas of an individuals life.
- It describes the national well being outcomes and also sets out what aspects of well being be measured



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## **Ymarfer unigol**

- Ar eich pen eich hun ysgrifennwch:
- Beth ydych chi'n ei ddeall wrth y term lles?
- Beth fydd ech chi'n ei ystyried yw'r ffactorau allweddol sy'n dylanwadu ar eich lles personol?
- 3 munud ar eich pen eich hun
- 5 munud o rannu gyda'r person nesaf atoch chi
- 7 munud ar gyfer adborth grŵp

## **Individual exercise**



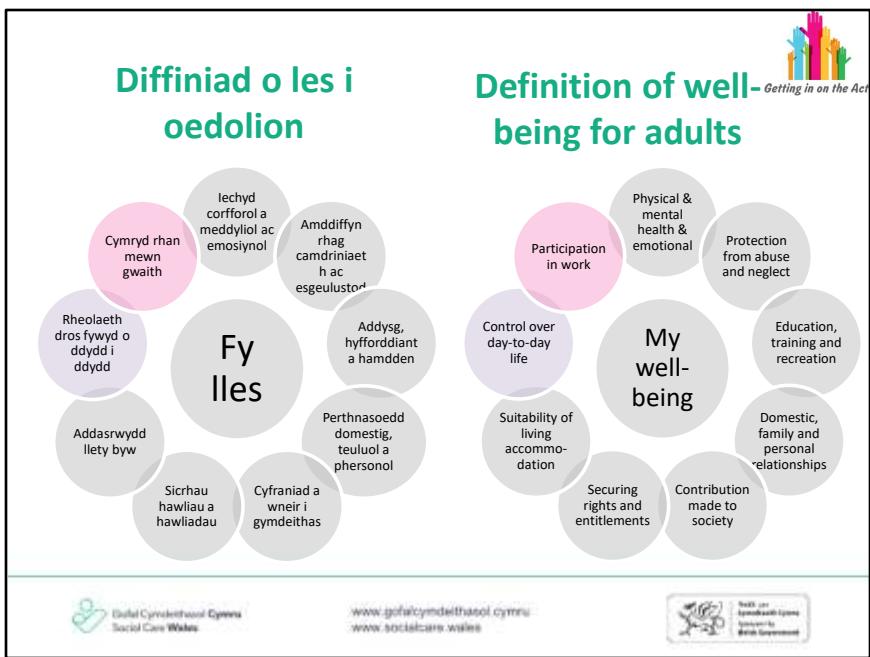
*Getting in on the Act*

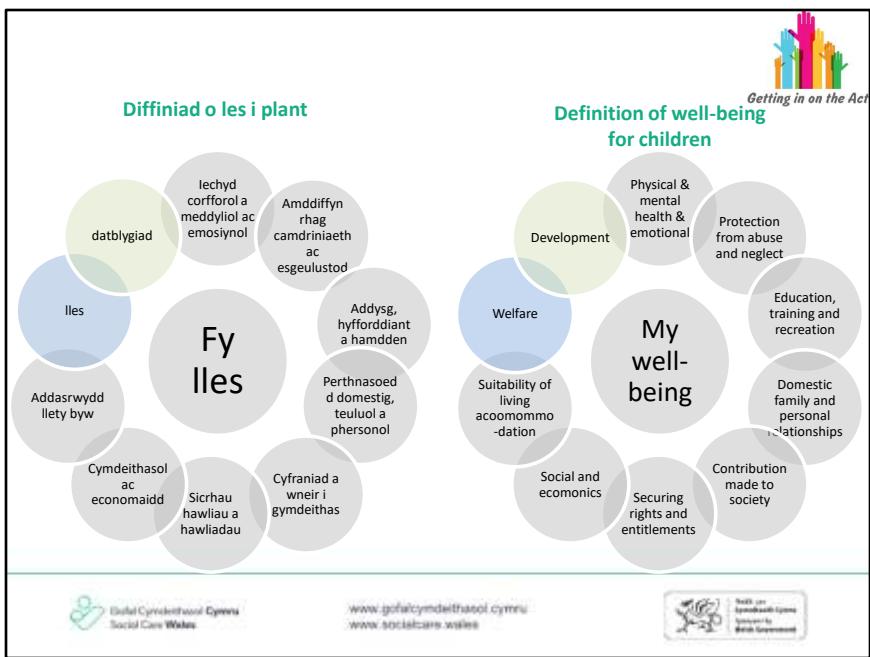
- On your own write down:
- What do you understand by the term well-being?
- What would you consider to be the key factors that influence your personal well-being?
- 3 minutes on your own
- 5 minutes to share with the person next to you
- 7 minutes for group feedback



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## Ymarfer grŵp

Ystyried beth allai lles ei olygu i oedolyn neu blentyn ag anghenion gofal a chymorth, a sut y gallwn ni fel gwasanaeth helpu i hyrwyddo llesiant y bobl rydym yn gweithio gyda nhw.

Cwblhewch y tabl yn eich grwpiau

## Group exercise

Consider what well-being might mean for an adult or child with care and support needs, and how we as a service can help promote well-being for the people we work with.

Complete the table in your groups



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## Mecanweithiau i hybu lles

Asesiad y boblogaeth

Ystod a lefel gwasanaethau ataliol

Hyrwyddo gwasanaethau a arweinir gan ddefnyddwyr

Darparu gwybodaeth, cyngor a chymorth

Asesu, cynllunio ac adolygu anghenion unigolion

## Mechanisms to promote well-being

Population assessment

Range and level of preventative services

Promote user-led services

Provide information, advice and assistance

Assessment, planning and review of individuals, needs

## Other overarching duties



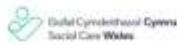
- Views, wishes and feelings of the individual
- Respecting dignity
- Participation
- Characteristics, culture and belief



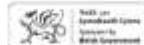
- Adults best placed to judge their own well-being
- Promoting independence



- Upbringing of the child by the child's family
- Views, wishes and feelings of those with parental responsibility



Welsh Government  
Social Care  
Strategy  
for Wales



1. As well as the well-being duty there are other overarching duties that underpin the Act, and the local authority must take steps to ensure that all services are delivered in a way which complies with these duties. These duties apply to local authorities (or other organisations they have delegated functions to) and their practitioners when dealing with a person who may have needs for care and support or a carer with support needs, even if it has not been established that the individual has such needs or would be eligible.
2. Four of these overarching duties apply in all cases, whether an adult or a child. The duty to:
  - Ascertain and have regard to the individual's views, wishes and feelings, in so far as is reasonable practicable
  - Have regard to the importance of promoting and respecting the dignity of the individual
  - Have regard to the importance of providing appropriate support to enable the individual to participate in decisions that affect them to the extent that it is appropriate in the circumstances, particularly where the individual's communication is limited for any reason
  - Have regard to the characteristics, culture and beliefs of an individual, including language
3. Two overarching duties apply specifically to adults, which are a) to begin with the presumption that they are best placed to judge their own well-being and b) to have

regard to the importance of promoting their independence where possible. Promoting independence should be viewed in the context of the [Framework for Action on Independent Living](#) which is based on the [social model of disability](#) i.e. it recognises that people with impairments are disabled by the barriers that commonly exist in a society. If fully realised, the social model would mean that disabled people were able to participate fully in society, and the impact of their impairment would be substantially reduced.

4. In relation to children there is also the duty to a) promote the upbringing of the child by the child's family, in so far as doing so is consistent with the well-being of the child and b) for under 16s, to ascertain and have regard to the views, wishes and feelings of those with parental responsibility, in so far as is practical and consistent with the child's well-being.



Getting in on the Act

## Hawliau Dynol

- Confensiwn y cenhedloedd unedig ar Hawliau'r Plentyn
- Egwyddorion y Cenhedloedd Unedig ar gyfer Pobl Hŷn
- Confensiwn y Cenhedloedd Unedig ar Hawliau Pobl Anabl
- Confensiwn Ewropeaidd ar Hawliau Dynol

## Human Rights

- United nations convention of the Rights of the Child
- United nations Principles for Older Persons
- United nations Convention of the rights of Disabled people
- European convention of Human Rights



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## Newid Diwylliannol: ble ydych chi nawr?

## Cultural Shift: where are you now?

Canolbwyntio ar y  
gwasanaeth

Canolbwyntio  
ar y person

Service  
focused

Person  
focused



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## Atal ac Ymyrraeth Gynnar

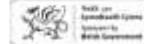
## Prevention and Earlier intervention



*Getting in on the Act*



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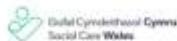


## Cyd-destun atal

## Context of prevention



- Sut i wneud gwasanaethau cymdeithasol yn gynaliadwy gyda phwysau enfawr ar alw
- Ein tasg yw sicrhau bod gwasanaethau lle mae eu hangen ar bobl; cefnogi pobl cyn iddynt gael eu hunain mewn argyfwng neu cyn i broblemau wreiddio. Yn ddelfrydol, rydym am atal anawsterau rhag codi yn y lle cyntaf
- Mae gan ddulliau ataliol rôl allweddol i'w chwarae wrth hyrwyddo lles
- Fodd bynnag, nid oes un diffiniad o'r hyn yw gweithgarwch ataliol
  - How to make social services sustainable with huge pressures on demand
  - Our task is to ensure that services are there when people need them; to support people before they find themselves at crisis point or problems become entrenched. Ideally we want to stop difficulties from arising in the first place.
  - Preventative approaches have a key role to play in promoting well-being
  - However, there is no one definition for what constitute preventative activity



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[www.socialcare.wales](http://www.socialcare.wales)



Quick research - What section of the Act covers preventative services?



## Ymarfer unigol

- Ar eich pen eich hun, ysgrifennwch pam mae atal yn bwysig?
- Pa wasanaethau lleol y gallwch feddwl amdanynt a allai ddarparu swyddogaeth ataliol yr ydych wedi'i ystyried o'r blaen?
- Beth yw'r cyfleoedd yn lleol i waith ataliol
- Beth yw'r rhwystrau posibl i weithio fel hyn?

## Individual Exercise

- On your own write down why is prevention important?
- What local services can you think of that might provide a preventative function what you have considered before?
- What are the opportunities locally to preventative work.
- What are the potential barriers to work in this way?



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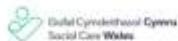
## **Ystod a lefel gwasanaethau ataliol**

- Rhaid i awdurdodau lleol sicrhau ystod o lefelau o wasanaethau ataliol sydd:
  - Yn helpu i atal, oedi neu leihau'r angen am ofal a chymorth parhaus
  - Hyrwyddo magwraeth plant gan eu teulu
  - Lleihau effaith anableddau pobl
  - Helpu i atal camdriniaeth neu esgeulustod
  - Galluogi pobl i fyw mor annibynnol â phosibl
  - Lleihau'r angen am: orchmyion gofal neu oruchwyllo; achos troeddol yn erbyn plant; mynd â phlant i ofal awdurdod lleol neu lety diogel
  - Rhaid i fyrrdau iechyd lleol hefyd ddefnyddio dull ataliol sy'n helpu i gyflawni'r nodau hyn

## **A range and level of preventative services**



- Local authorities must ensure a range of level of preventative services which:
  - Help prevent, delay or reduce needs for care and support
  - Promote the upbringing of children by their family
  - Minimise the effect of people's disabilities
  - Help prevent abuse or neglect
  - Enable people to live as independently as possible
  - Reduce the need for: care or supervision orders; criminal proceeding against children; taking children into local authority care or secure accommodation
- Local health boards must also take a preventative approach that helps to achieve these aims



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Hydwyddo mwy o amrywiaeth o ran darpariaeth

Promoting greater diversity of delivery



*Getting in on the Act*

Mentrau  
cymdeith  
asol

Cydweithf  
eydd

Trydydd  
Sector

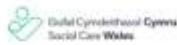
Arweinir  
gan  
ddefnydd  
wyr

Social  
enterprises

Co-  
operatives

Third  
Sector

Used-led



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## Astrudiaeth achos

- Dylan

## Case study

- Dylan



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Getting in on the Act

## I bwy mae atal yn berthnasol?

- Pobl ag anghenion gofai a chymorth – cymwys neu beidio
- Poblogaeth yn gyffredinol
- Gofalwyr

Mynediad

*"Mae gofalwyr eu hunain yn darparu math o wasanaeth ataliol"*

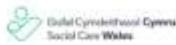


## Who does prevention apply to?

- People with needs for care and support – eligible or not
- Population at large
- Carers

Access

*"Carers themselves provide a form of preventative service"*



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## Children and families, and prevention

- The Act reinforces the principle of supporting families in caring for children with an emphasis on helping parents develop their own ability to identify and manage problems, keeping families together in safe, supportive and stable environment
- Requirements for a multi agency approach to safeguard and promote the well-being of children
- Early intervention for children and families critical to prevention agenda

## Plant a theuluoedd, ac atal

- Mae'r Ddeddf yn atgyfnerthu'r egwyddor o gefnogi teuluoedd i ofalu am blant gyda phwyslais ar helpu rhieni i ddatblygu eu gallu eu hunain i nodi a rheoli problemau, gan gadw teuluoedd gyda'i gilydd mewn amgylchedd diogel, cefnogol a sefydlog.
- Gofynion ar gyfer dull amlasiantaethol o ddiogelu a hybu lles plant
- Ymyrraeth gynnar i blant a theuluoedd yn hollbwysig i'r agenda atal



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Cymdeithas Cymru  
Senedd y Cymru  
Welsh Government



Getting in on the Act

## Cyfleoedd ar gyfer atal

- Derbyn/rhyddhau o'r ysbyty
- Cyswllt â / defnydd o ofal a chymorth preifat
- Plant sy'n derbyn gofal neu sy'n trosglwyddo
- Wedi cael profedigaeth yn ddiweddar
- Cais am fudd-daliadau fel lwfans gweini neu Lwfans Gofalwr
- Yn ddiweddar anabl / diagnosis



## Opportunities for prevention

- Hospital admission / discharge
- Contact with / use of private care and support
- Children looked after or in transition
- Recently bereaved
- Application for benefits such as attendance allowance or Carer's Allowance
- Recently disabled / diagnosed



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## Pwy sy'n gyfrifol am atal?



### Who is responsible for prevention?



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## Codi tâl am wasanaethau ataliol

### Charging for preventative services



Getting in on the Act

Tâl cyfradd unffurf

Flat rate charge

CHARGES

Dim tâl am rai  
gwasanaethau  
oedolion

No payment for some  
adult services

CHARGES

Dim tâl am  
wasanaethau ataliol i  
blant

No charge for  
preventative services for  
children

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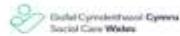
Health and Social Care  
Ministry for  
Wales Government

**Gwybodaeth,  
Cyngor a Chymorth**

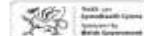
**Information, Advice  
and Assistance**



*Getting in on the Act*



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## Rôl ganolog

### A central role



Mae'n galluogi pobl i gymryd rheolaeth a gwneud dewisiadau gwybodus ac mae'n elfen hanfodol o ddull ataliol.

Enables people to take control and make well-informed choices



Elfen hanfodol o atal

Vital component of prevention

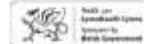


Yn helpu cyfranogiad llawn pobl

Helps people's full participation



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## Gwasanaeth gwybodaeth, cyngor a chymorth

- Dyletswydd ar awdurdodau lleol – gyda chymorth gan eu bwrdd iechyd lleol – i sicrhau y darperir gwasanaeth gwybodaeth a chynor ar gyfer **yr holl** bobl yn eu hardal
- Cymorth i gael mynediad at y cymorth gofal hwnnw



## An information, advice and assistance service



- A duty on local authorities – with support from their local health board – to ensure the provision of an information and advice service for **all** people in their area
- Assistance in accessing that care support



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## Ymarfer Grŵp

Trafodwch mewn grŵp ac ysgrifennwch:

- Sut mae'r gwasanaeth gwybodaeth, cyngor a chymorth wedi'i sefydlu yn Abertawe ar gyfer oedolion a phlant?
  - Beth yw cryfderau a gwendidau'r trefniadau presennol.
  - Sut brofiad fydd y gwasanaeth i'r rhai sy'n ei dderbyn, yn eich barn chi.
- How is the information, advice and assistance service set up in Swansea for adults and for children ?
  - What are the strengths and weakness in the current arrangements.
  - What do you think the service will be like for those receiving it.

## Group Exercise

Discuss in group and write down:



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## Beth yw gwybodaeth, cyngor a chymorth?

## What is information, advice and assistance?



### Information/ Gwybodaeth

Taflenni,  
Gwefannau:  
Llyfrgelloedd, CAB,  
Cyfarwyddiadau,  
Ilinellau ffôn,  
Grwpiau cymorth, siopau  
un stop, gweithwyr rheng  
flaen,  
ac ati

Leaflets,  
Websites,  
Libraries, CAB,  
Directions,  
Telephone lines,  
Support groups, one stop  
shops, front line workers,  
etc

Darparu data i'r person  
Providing data to the  
person

### Advice/ Cyngor

Help dros y ffôn  
neu linellau ymholaiddau,  
siopau un stop,  
canolfannau cerdded i mewn,  
Tîm asesu  
Gweithwyr rheng flaen,  
gwybodaeth deuluoel  
gwasanaeth,  
ac ati

Telephone help  
or enquiry lines,  
one stop shops,  
walk in centres,  
Assessment team,  
Front line workers,  
family information  
service,  
etc

Archwilio opsiynau gyda'r person  
Exploring options with the person

### Cymorth/ Assistance

Gwneud cyswllt,  
llenwi ffurflenni,  
cludiant,  
hebrwng y  
person

Making contact,  
completing forms,  
transport,  
accompanying the  
Person

Gweithredu gyda'r person

Taking action with the  
person

Welsh Government  
Social Care Wales

www.gov.wales/social-care-wales



## Pa wybodaeth a chyngor y dylid eu darparu



### What information and advice needs to be provided



Sut mae'r system gofal a chymorth lleol yn gweithio  
How the local care and support **system** works



Y mathau o ofal a chymorth sydd ar gael  
The **types of care and support** available



Sut i gael **mynediad** i'r gofal a'r cymorth sydd ar gael  
How to **access** the care and support that is available



Sut i godi **pryderon** am les rhywun  
How to **raise concerns** about someone's well-being



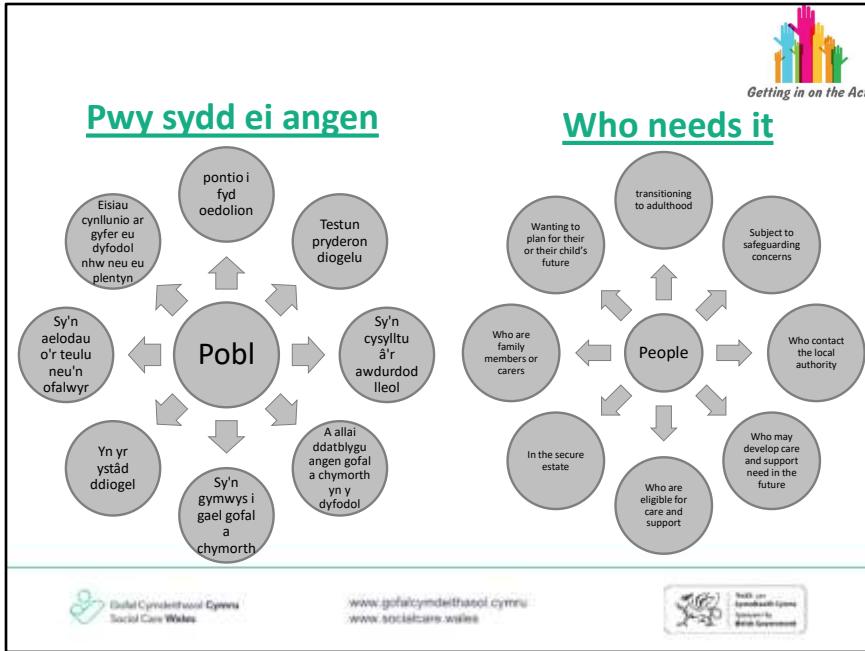
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## Pwy sydd ei angen

## Who needs it



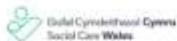


## Pryd maen nhw ei angen

- Ar gael cysylltiad â'r system gofal a chymorth
- Ar 'bwyntiau sbardun' allweddol ym mywydau pobl
  - Fel rhan o asesiad
  - Yn ystod cyfnod o ailalluogi
  - O gwmpas ac yn dilyn asesiad ariannol
  - Yn ystod neu ar ôl ymholiad diogelu
  - O blentyndod

## When do they need it?

- On contact with care and support system
- At keys 'trigger points' in people's lives
  - As part of an assessment
  - During a period of reablement
  - Around and following financial assessment
  - During or following a safeguarding enquiry
  - From childhood



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## Sut maen nhw'n gwneud    How do they do it? hyn?



Mewn amrywiaeth o fformatau gyda'r wybodaeth ddiweddaraf

In range of formats with up-to-date information



Ar gael yn y Gymraeg a'r Saesneg

Available in Welsh and English



Mewn iaith glir ac eglur

Clear and in plain language

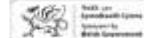


Wedi'i addasu yn ôl yr angen ee hawdd ei ddarllen neu gyfeillgar  
i blant

Adapted as necessary e.g. easy read or child friendly



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## Eiriolaeth



A allai'r person hwn brofi rhwystrau rhag cymryd rhan lawn?

gallai

A ellir eu cefnogi'n well i'w galluogi i oresgyn rhwystrau? [addasiad rhesymol o dan Ddeddf Cydraddoldeb 2010]

gellid

J darparu cefnogaeth a gwneud addasiadau

A ydynt yn dal i wynebu rhwystrau rhag cymryd rhan lawn?

ydynt

A oes 'unigolyn priodol' – gofalwr, ffrind neu berthynas – a all eu cefnogi i gyfranog i'n llawn?

oes

nac oes

J Cytuno ar 'unigolyn priodol'

J Dyletswydd i drefnu eiriolwr proffesiynol annibynnol



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Cymdeithas Llywodraeth Cymru  
Government of the Welsh Government

## Advocacy



Getting in on the Act

Might this person experience barriers in participating fully?

yes

Can they be better supported to enable them to overcome barriers? [reasonable adjustment under the Equality Act 2010]

yes

J provide support and make adjustments

Do they still experience barriers in participating fully?

yes

Is there an 'appropriate individual' – a carer, friend or relative – who can support them to participate fully?

yes

J Agree 'appropriate individual'

no

J Duty to arrange for independent professional advocate

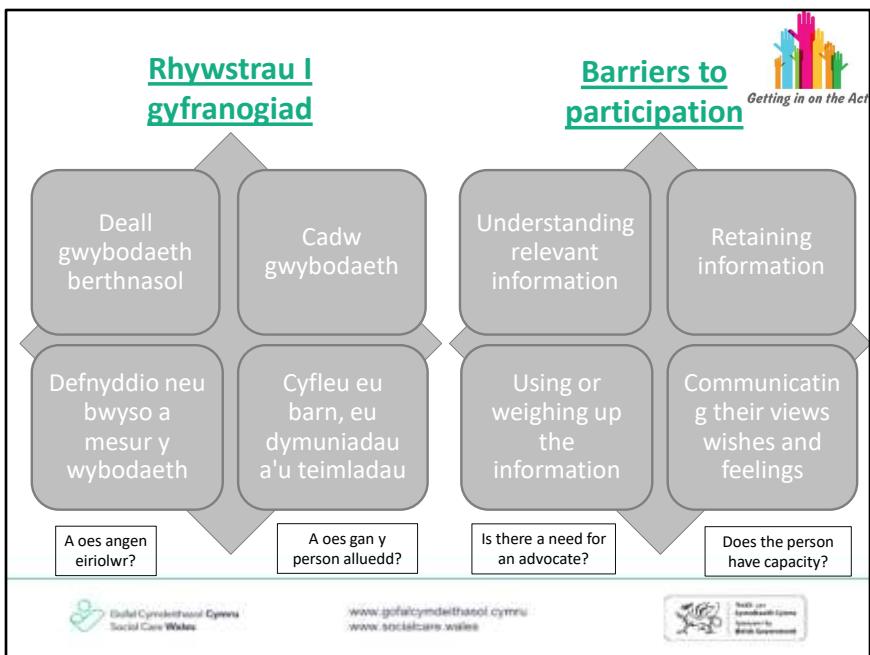


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What might be some of the barriers to participating fully?

Advocacy is covered under Part 10 of the Act.



**Gweithio'n ataliol**

**Working preventively**

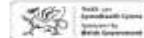


*Getting in on the Act*



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## Cysylltu gwybodaeth, cyngor ac atal

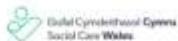
- Adnabod a thargedu unigolion trwy'r gwasanaeth gwybodaeth, cyngor a chymorth
- Casglu'r wybodaeth hon a rhoi adborth i gomisiynwyr a'r gymuned
- Dulliau canolbwytio ar yr unigolyn / lles at asesu, cynllunio ac adolygu

## Linking information, advice and prevention



Getting in on the Act

- Identify and target individuals through the information, advice and assistance service
- Capture this information and feedback to commissioners and community
- Person focused / well-being approaches to assessment, planning and review



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## **Ymarfer**

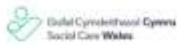
Ysgrifennwch y gwerthoedd a'r ymddygiadau staff sy'n cefnogi gwaith ataliol

Rhowch gylch o amgylch y rhai sydd eisoes yn bresennol yn eich tim

## **Exercise**

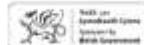
Write down the staff values and behaviours that support preventative working

Circle the ones already present in your team



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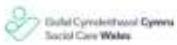


## Crynodeb

- Darn sylweddol o ddeddfwriaeth sy'n moderniiddio'r fframwaith cyfraith gofal a chymorth, gan gyflwyno:
  - Dyletswyddau newydd i awdurdodau lleol a'u sefydliadau partner
  - Hawliau newydd i ddinasyddion
- Nod y Ddeddf yw:
  - Rhoi pobl a'u lles wrth wraidd gofal a chymorth
  - Ail-gydbwyso'r ffocws i atal ac ymyrraeth gynharach
  - Hyrwyddo gweithio mewn partneriaeth, cydweithio a chydgynhyrchu
- Mae newidiadau mawr i'r ffordd y bydd pobl yn cael mynediad at y system gofal a chymorth

## Summary

- A significant piece of legislation that modernises the framework of care and support law, bringing in:
  - New duties for local authorities and their partner organisations
  - New rights for the citizens
- The Act aims to:
  - Put people and their well-being at the centre of care and support
  - Rebalance the focus to prevention and earlier intervention
  - Promote partnership working, collaboration and co-production
- There are major changes to the way that people will access the care and support system



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